



What can we Save for the First Line Treatment of NSCLC in 2016?

David Rossi*

Department of Oncology, Salvatore Hospital, Italy

Editorial

Lung cancer is the leading cause of cancer-related deaths worldwide. In the United States accounts for 221,200 new diagnoses and 158,400 deaths in 2015, according to the National Cancer Institute. In these last years, histologic definition has become crucial in the therapeutic algorithm of NSCLC. To day we recognize three big groups of Lung Cancer: Non-squamous "wild type", Non-squamous with genetic mutations and squamous. For the non-squamous "wild type", pemetrexed plus cisplatin or carboplatin is the gold standard of care with chance of pemetrexed maintenance in patients with responsive or stable disease; another option is the addition of bevacizumab to a doublet with paclitaxel/carboplatin. For the non-squamous with genetic mutations, we can taking into account in clinical practice of EGFR mutations, ALK translocations and ROS-1 rearrangements. Gefitinib, erlotinib and afatinib for EGFR mutations, crizotinib for ALK translocations and ROS1-rearrangements. For squamous cell carcinoma, a doublet with platinum derivate plus gemcitabine, vinorelbine or docetaxel is the gold standard; last year, necitumumab (a new anti-EGFR monoclonal antibody) has been approved by FDA in combination with cisplatin and gemcitabine (SQUIRE trial). In these last two years, immuno check-point inhibitors documented high activity as second line in squamous and non-squamous cell carcinoma. In 2015, FDA approved nivolumab (Opdivo[®]) as second line, regardless of PD-L1 expression, in patients with NSCLC progressed during or after platinum-based chemotherapy according to results of CheckMate 017 (squamous) and CheckMate 057 (non-squamous). In the same year, Pembrolizumab (Keytruda[®]) was approved by FDA as second line in squamous and non-squamous patients with PD-L1 expression, according to results of a large multicenter, open-label, multi-part study (Keynote 010). The therapeutic algorithm of NSCLC first line at the end of 2015 has been summarized on figure 1. But what's new in 2016? The main results concerning immuno check-point inhibitors. On October 24, FDA approved Pembrolizumab (Keytruda[®]) for the treatment of patients with metastatic NSCLC whose tumors express PD-L1 $\geq 50\%$ as determined by an FDA approved test. This is the first approval of a check-point inhibitor for the first line of lung cancer. Approval was based on results of two randomized, controlled trials that demonstrated statistically significant improvements in Progression-Free Survival (PFS) and Overall Survival (OS) for patients randomized to pembrolizumab compared with chemotherapy. In a trial of 305 patients (Keynote 024) who had no prior treatment for metastatic NSCLC and PD-L1 expression greater than or equal to 50%, those who received pembrolizumab (200 mg every 3 weeks) had a significant improvement in PFS (HR 0.50 [95% CI: 0.37, 0.68]; $p < 0.001$) with a median PFS of 10.3 months versus 6.0 months for those receiving platinum-based chemotherapy. A pre-specified interim analysis demonstrated a statistically significant improvement in OS for patients randomized to pembrolizumab as compared with chemotherapy (HR 0.60 [95% CI: 0.41, 0.89]; $p < 0.005$). In a three-arm trial of 1033 patients who were previously treated for metastatic NSCLC with PD-L1 expression greater than or equal to 1%, those randomized to pembrolizumab 2 mg/kg every 3 weeks (HR 0.71 (95% CI: 0.58, 0.88); $p < 0.001$) or pembrolizumab 10 mg/kg every 3 weeks (HR 0.61 [95% CI: 0.49, 0.75]; $p < 0.001$) had an improved OS compared with patients receiving docetaxel. The median survival was 10.4 months in the pembrolizumab 2 mg/kg arm, 12.7 months in the pembrolizumab 10 mg/kg arm, and 8.5 months in the docetaxel arm. The most common side effects of treatment with pembrolizumab included decreased appetite, fatigue, nausea, dyspnea, cough, and constipation. Rare but serious adverse events included immune-mediated pneumonitis, colitis, hepatitis, endocrinopathies, and nephritis. Unlike Pembrolizumab, Nivolumab (Opdivo[®]) fails to demonstrate a benefit in PFS and OS in the same setting of patients. In Checkmate 026 trial, 541 pts with PD-L1 expression $\geq 5\%$ were randomized to receive Nivolumab 3 mg/kg every two weeks versus best chemotherapy. Progression-free survival was the main endpoint but was not met (4,2 months with Nivolumab versus 5,9 months with chemotherapy; HR, 1,15; $P = .25$); overall survival was similar in the two arms of treatment

OPEN ACCESS

*Correspondence:

David Rossi, Department of Oncology,
Salvatore Hospital, Italy,

E-mail: D.Rossi63@libero.it

Received Date: 11 Nov 2016

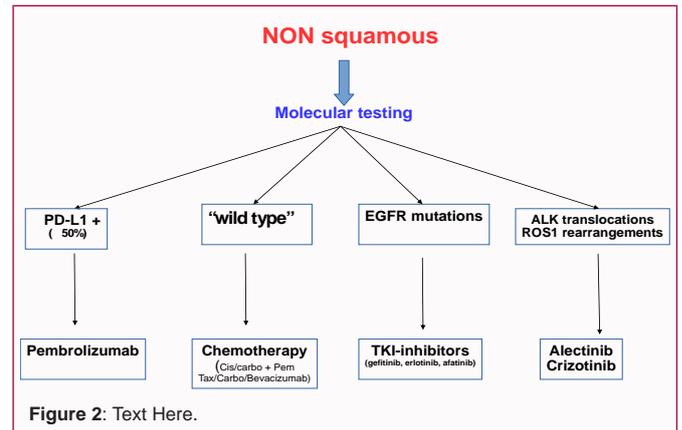
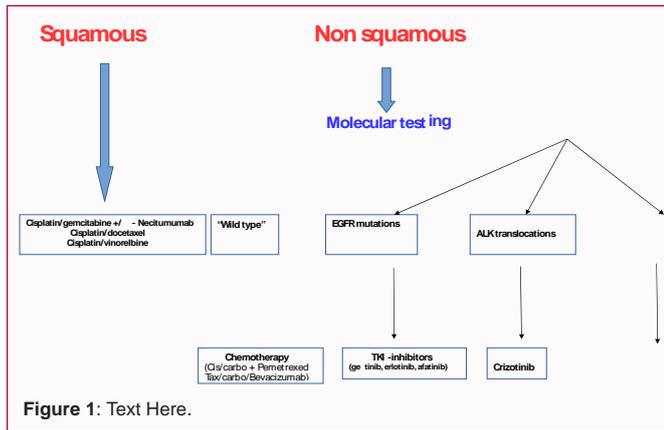
Accepted Date: 12 Dec 2016

Published Date: 31 Dec 2016

Citation:

Rossi D. What can we Save for the First
Line Treatment of NSCLC in 2016?
Clin Oncol. 2016; 1: 1176.

Copyright © 2016 David Rossi. This is
an open access article distributed under
the Creative Commons Attribution
License, which permits unrestricted
use, distribution, and reproduction in
any medium, provided the original work
is properly cited.



(14,4 and 13,2 months for Nivolumab and chemotherapy, respectively; HR, 1.02). Several explanations were proposed to clarify so different results in the same setting of patients. The main issue appears to be patient selection: whereas pembrolizumab trial was conducted in patients whose tumors showed at least 50% PD-L1 expression, nivolumab trial enrolled patients with PD-L1 expression $\geq 5\%$. However, the same results was documented in a small subgroup of patients who had at least 50% PD-L1 expression (HR for PFS: 1.1; HR for OS: 0.90); nevertheless, the trial was not statistically powered for this analysis. Other explanations may be that OS was better than historical data in the chemotherapy arm possibly due to a different proportion of women and Asian patients; moreover, there was a high crossover (60%) among patients who progressed while receiving chemotherapy. This difference in efficacy between nivolumab and pembrolizumab could be elucidated by the ongoing phase III study CheckMate-227. This trial explores the potential of the combination of Nivolumab plus Ipilimumab for PD-L1 patients and Nivolumab plus Ipilimumab or Nivolumab plus chemotherapy in PD-L1-negative patients. This year, at ASCO meeting, was presented the results of CheckMate 012; a phase 1b study with the combination of Nivolumab and Ipilimumab in PD-L1 positive patients ($\geq 1\%$). Overall Response Rate (ORR) was 57% but in those patients with $\geq 50\%$ PD-L1 expression, the ORR was 92%; in patients who tested PD-L1 negative, the ORR with the combination regimen was 15%. These data seems to go in a single direction: PD-L1 expression is crucial to maximize activity and efficacy of check-point inhibitors in order to administer "right drug to right patient" with a real improvement of cost-effectiveness. Concerning patients with non-squamous cell lung cancer and genetic mutations, we want to focus on data presented at ESMO meeting for afatinib, at ELCC for Osimertinib and at ASCO meeting for Alectinib. At ESMO meeting, updated results of LUX-LUNG 7 was presented. In this trial, Progression-free survival (median 11.0 months with afatinib vs. 10.9 months with gefitinib; HR) and time-to-treatment failure (median 13.7 months with afatinib vs. 11.5 months with gefitinib) were significantly longer with afatinib than with gefitinib. Updated results shows that median survival of patients treated with afatinib was 27.9 months compared to 24.5 months for those receiving gefitinib, without reaching significance. However, updated results confirmed the primary analysis concerning two of its three co-primary endpoints: progression-Free Survival (PFS) by independent review and time to treatment failure. We think that afatinib remains one of the three options in first line treatment with gefitinib and erlotinib: a careful

evaluation of different toxicity between drugs (skin rash and diarrhea for afatinib and erlotinib, AST/ALT increase for gefitinib) should be made for the best tailored treatment ("right drug to right patient"). At ELCC, AURA expansion study with Osimertinib was presented. Osimertinib is a third generation Epidermal Growth Factor Receptor (EGFR) Tyrosine Kinase Inhibitor (TKI), highly effective in patients with T-790M mutation. The study included 60 patients from two phase I expansion cohorts of the AURA trial that had locally advanced or metastatic EGFR mutated NSCLC. Thirty patients received 80 mg a day and 30 received 160 mg a day in the first-line setting. The median follow-up was 16.6 months. The overall response rate was 77%. Median Progression Free Survival (PFS) was 19.3 months for the 160 mg dose and has not yet been reached for the 80 mg dose. Median duration of response has not been reached. The drug was well tolerated with few adverse events, particularly at the approved 80 mg dose, where just 10% of patients required dose reduction to manage toxicities. At ASCO meeting, J-ALEX study was presented. This is a Japanese phase III trial that randomized patients to Alectinib or Crizotinib as first line treatment in patients with ALK-translocation. On December 11, 2015, FDA approved alectinib (Alecensa[®]) for patients with ALK-rearrangement positive NSCLC that is refractory to Crizotinib. The J-ALEX study, after a planned interim analysis, was stopped for efficacy, as an improvement in PFS was already demonstrated. In the alectinib patients, the median PFS was not reached, compared with 10.2 months in the crizotinib patients, yielding a HR of 0.34 ($p < .0001$). Toxicity was very low (constipation was the main side effects); grade 3 and 4 adverse events also occurred more frequently with crizotinib (51.9%) than with alectinib (26,2%). Crizotinib still remains the best option in patients with ROS-1 rearrangements: on March 11, 2016 FDA approved crizotinib (Xalkori[®]) to treat people with advanced NSCLC whose tumors have a ROS-1 gene alteration. The safety and efficacy of Xalkori for the treatment of patients with ROS-1 positive tumors were evaluated in a multi-center, single arm study of 50 patients with ROS-1 positive NSCLC. Results showed 66% of participants experienced a complete or partial shrinkage of their NSCLC tumors, an effect that lasted a median of 18,3 months.

In conclusion, 2016 was an important year for the treatment of Lung Cancer with good news for non-squamous, regardless of genetic mutations or not. An attempt of new algorithm for the first line treatment of non-squamous NSCLC showed in the figure 2.