



# CEA and CA19-9 Levels and KRAS Mutation Status as Biomarkers for Colorectal Cancer

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## Abstract

**Aim:** We aimed to investigate the associations among KRAS mutation, carcinoembryonic Antigen (CEA), and Cancer Antigen 19-9 (CA19-9) levels, and the clinicopathological features of Colorectal Cancer (CRC) patients.

**Methods:** We conducted a retrospective cohort study, involving 183 CRC patients, at Princess Norah Oncology Center (PNOC), King Abdulaziz Medical City, Jeddah, Saudi Arabia, from 2012 to 2015.

**Result:** A strong association was identified between CA19-9 levels and KRAS mutational status and between CA19-9 and CEA levels, in CRC patients ( $p=0.001$  and  $p<0.0001$ , respectively). Large tumor size was associated with abnormally high CEA levels ( $p=0.029$ ). Furthermore, young patients (<45 years) primarily expressed wild-type KRAS ( $p=0.013$ ). The levels of CA19-9 and CEA were found to increase with increasing tumor stage ( $p<0.0001$  and  $p=0.001$ , respectively). Mutated KRAS and abnormal CEA levels were associated with lymph node involvement ( $p=0.054$  and  $p=0.014$ , respectively). The most common sites of distant metastases were the liver and lung in CRC patients with abnormal serum CA19-9 and CEA levels. Kaplan-Meier survival analysis showed that patients with high CA19-9 levels have shorter survival times than patients with normal CA19-9 levels ( $p<0.0001$ ). Significant effects of CEA/CA19-9 levels on the detection of KRAS mutations were analyzed by multivariate regression analysis ( $p<0.001$ ).

**Conclusion:** This study provided new insights into the important roles played by CA19-9 and CEA during CRC progression and suggested that they may serve as useful biomarkers in CRC management.

## Strengths and limitations of this study

- This is one of very few studies that assessed biomarkers of CRC among the Saudi population.
- This is one of the first studies to determine the independent predictors of the KRAS mutation patients in Saudi Arabia. The results of this study demonstrate that CEA and CA19-9 levels can be used to indicate KRAS mutation status and can be used as surrogate biomarkers.
- The sample size was limited to a single centre. A Larger sample size ensures adequate statistical power to detect even a small effect of interest.
- The study is retrospective, so we were not able to obtain more information from the participants.

**Keywords:** KRAS; Mutation; CEA; CA19-9; Hemoglobin; Colorectal cancer

## Background

Colorectal Cancer (CRC) is a major health problem, worldwide. CRC is the third most common type of cancer in both men and women, and it is the third-leading cause of cancer-related deaths. In 1975, the CRC death rate was 28/100,000, compared with 14/100,000 in 2015. This decline can

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be attributed to improved treatments and early detection measures [1]. The Saudi Cancer Registry reported 1,347 new cases of CRC in 2014, including 753 men and 594 women, with a male:female ratio of 127:100 [2]. The Saudi Arabian Age-Standardized Rate (ASR) was 10.6/100,000 in men and 8.2/100,000 in women. The Saudi Arabian ASR per 100,000 populations for CRC is lower than that for Kuwait, Qatar, and Bahrain but higher than that for the United Arab Emirates and Oman [2-4].

Cetuximab and panitumumab are anti-Epidermal Growth Factor Receptor (EGFR)-targeted antibodies, used for the treatment of Metastatic CRC (mCRC) [5-7]. EGFR failed to serve as a predictor of the therapeutic response to these drugs [8,9]; however, the mutation status of the Kirsten RAS (*KRAS*) proto-oncogene is the most well-established predictive biomarker for CRC response [10,11]. *KRAS* mutations are not only predictors of the response to anti-EGFR drug treatment but are also associated with significantly worse survival than wild-type *KRAS* [12,13].

Carcinoembryonic Antigen (CEA) is a glycoprotein, containing 30% to 70% carbohydrates. CEA is significantly expressed by the large intestine during the embryonic stage and in CRC [14,15]. Increased CEA levels have been observed in the digestive tract, lungs, and breast cancers. Metastatic tumors in the liver and pancreas and medullary carcinoma of the thyroid can release CEA into the blood circulation, increasing serum CEA levels [16,17]. Non-malignant disorders might also increase CEA levels, such as liver disease, active inflammatory bowel disease, and aging. Higher serum CEA levels have been identified in heavy smokers compared with the levels in healthy, non-smoking individuals. However, CEA can be found in small amounts in the large intestine of healthy adults and circulating in the blood of normal individuals [18].

Carbohydrate antigen (CA19-9) is a glycoprotein that contains sialylated Lewis-a, a blood group antigen [19]. CA19-9 is normally produced by gastric, pancreatic, biliary, and colonic epithelial cells. CA19-9 is also expressed by cancer cells and is involved in the adhesion of tumor and endothelial cells. CA19-9 is used as a tumor marker in gynecological, pancreatic, hepatobiliary, and CRC [20,21] and can indicate the presence of progressive malignant disease and poor response to treatment when serum levels are elevated. CA19-9 can be used to detect the recurrence of cancer after treatment, even before other clinical findings and radiographs. A decrease in CA19-9 levels may indicate a good treatment response and favorable prognosis [22-24].

In our retrospective study, we aimed to investigate the associations among *KRAS* mutations, CA19-9, CEA, and the clinicopathological features in CRC patients. We found that CA19-9 and CEA are associated with clinical indicators, such as tumor stage and survival. This study provided new insights into the important roles played by CA19-9 and CEA in CRC progression and suggested their potential use as biomarkers for CRC management.

## Methods

### Patient and public involvement

A retrospective cohort study was conducted to investigate the association between *KRAS* mutation, hemoglobin, CEA, and CA19-9 levels, and the clinicopathological features of CRC patients (age, gender, tumor size and stage, and response to therapy). We reviewed the paper-based and electronic medical records of CRC patients

at the Princess Norah Oncology Center (PNOC), King Abdullah Medical City, Jeddah, Saudi Arabia, from 2012 to 2015. All patients  $\geq 18$  years, who were diagnosed at or referred to PNOC with biopsy-confirmed CRC, regardless of nationality and gender, were included ( $n=183$ ). Patients younger than 18 years, who did not undergo *KRAS* mutation testing, and those missing data from their medical records were excluded from the study ( $n=52$ ).

### Cohort description

Patient data were retrieved from electronic hospital information systems and paper-based files, including gender, age, and nationality, date of birth, survival status, *KRAS* mutation, CA19-9, CEA, and hemoglobin status. We also extracted data regarding the pathological features of CRC, tumor type (primary/secondary), tumor location, tumor size, tumor stage, tumor grade, metastatic sites, Tumor Node Metastasis (TNM) staging, and date of tumor recurrence. Laboratory tests results at the time of diagnosis were obtained and incorporated into the study. Information regarding the type of treatment received and the response to treatment were also recorded and analyzed.

### *KRAS* mutation status analysis

Formalin-fixed, paraffin-embedded tissue samples that were obtained from surgery were collected and sent to lab 21, in Cambridge, United Kingdom, where real-time Polymerase Reaction Assay (PCR) was performed. Codon 12, Codon 13, and Codon 61 were used to analyze *KRAS* mutations. The following mutations were tested: p.(Gly12Phe), p.(Gly12Cys), p.(Gly12Ser), p.(Gly12Arg), p.(Gly12Val), p.(Gly12Asp), p.(Gly12Ala), p.(Gly13Ile), p.(Gly13Cys), p.(Gly13Arg), p.(Gly13Ser), p.(Gly13Asp), p.(Gly13Ala), p.(Gly13Val), p.(Gln61Lys), p.(Gln61Glu), p.(Gln61Pro), p.(Gln61Arg), p.(Gln61Leu), and p.(Gln61His). Samples were tested using the Cobas<sup>®</sup> *KRAS* Mutation Kit, which is marked under the European IVD Directive 98/79/EC (F. Hoffmann-La Roche, Basel, Switzerland) [25].

### Statistical methods

Data were described as frequencies and percentages, for categorical variables. Associations among *KRAS* mutation, CA19-9, CEA, and various other study variables were assessed using the Chi-square and Fisher's exact tests. A binary logistic regression was conducted to examine whether CA19-9, CEA, metastasis, gender, tumor location, hemoglobin, or age had a significant role in the prediction of *KRAS* mutation. Kaplan-Meier survival curves and the log-rank test were used to analyze the survival distribution, based on *KRAS* mutation, CEA, and CA19-9 status. Statistical Package for Social Sciences (SPSS<sup>®</sup>), version 24 was used for data analysis.

## Results

### Clinical characteristics and serum levels of CEA and CA19-9

Our study included 183 patients diagnosed with CRC. The mean age of participants was 58.01 years, with a standard deviation of 12.7 years, and a median age of 57 years. The majority of participants were older than 45 years (85.8%;  $n=157$ ) and male (55.7%;  $n=102$ ), and almost all were Saudi nationals (98.9%;  $n=181$ ). CRC tumors were most commonly diagnosed at stage 4 (51.2%;  $n=89$ ) and sized between 4 cm to 6 cm (53.2%;  $n=75$ ). The frequency distributions of the CA19-9 and CEA levels are shown in Figure supplemental A and supplemental B, respectively. Among 143 analyzed patients, 37 (25.9%) had elevated CA19-9 levels (normal value is  $<37$  IU/ml).

**Table 1:** Association among mutations, CA19-9 and CEA levels, and other study variables.

		KRAS				P-value	CA19-9				P-value	CEA				P-value
		WT		Mutated			Normal		Abnormal			Normal		Abnormal		
		n	(%)	n	(%)		n	(%)	n	(%)		n	(%)	n	(%)	
Gender	Male	62	-61	40	-39	0.476	61	-75	20	-24.7	0.712	47	-50	47	-50	0.51
	Female	45	-56	36	-44		45	-73	17	-27.4		36	-45	44	-55	
Age	<45 Years	21	-81	5	-19	0.013*	16	-76	5	-23.8	1	14	-54	12	-46.2	0.496
	≥ 45 Years	86	-55	71	-45		90	-74	32	-26.2		69	-47	79	-53.4	
KRAS	Mutated						34	-60	23	-40.4	0.001*	32	-45	39	-54.9	0.564
	WT						72	-84	14	-16.3		51	-50	52	-50.5	
Carbohydrate antigen 19-9 (CA19-9)	0–37 IU/ml	72	-68	34	-32	0.001*						60	-58	43	-41.7	<0.0001*
	>37 IU/ml	14	-38	23	-62							5	-14	32	-86.5	
Carcinoembryonic antigen (CEA)	0.6–4 ng/ml	51	-61	32	-39	0.564	60	-92	5	-7.7	0.000*					
	>4 ng/ml	52	-57	39	-43		43	-57	32	-42.7						
Hemoglobin levels	Normal	51	-61	32	-39	0.457	48	-73	18	-27.3	0.724	43	-52	39	-47.6	0.237
	Abnormal	56	-56	44	-44		58	-75	19	-24.7		40	-44	52	-56.5	
Primary Tumor	No	1	-50	1	-50	0.999 <sup>b</sup>	2	-100	0	0	0.999 <sup>b</sup>	0	0	2	-100	0.999 <sup>b</sup>
	Yes	106	-59	75	-41		104	-74	37	-26.2		83	-48	89	-51.7	
Recurring Tumor	No	103	-58	74	-42	0.999 <sup>b</sup>	102	-74	36	-26.1	0.999 <sup>b</sup>	79	-47	89	-53	0.427 <sup>b</sup>
	Yes	4	-67	2	-33		4	-80	1	-20		4	-67	2	-33.3	
Cancer morphology	Adenocarcinoma	96	-58	69	-42	0.480 <sup>b</sup>	98	-75	32	-24.6	0.280 <sup>b</sup>	77	-49	80	-51	0.481 <sup>b</sup>
	Mucinous Adenocarcinoma	8	-62	5	-39		6	-60	4	-40		5	-39	8	-61.5	
	Signet Ring Cell Carcinoma	2	-100	0	0		0	0	0	0		0	0	1	-100	
Cancer grade	Well-differentiated	11	-58	8	-42	0.838	12	-86	2	-14.3	0.489	9	-50	9	-50	0.837
	Moderately-differentiated	79	-59	55	-41		78	-74	28	-26.4		64	-49	66	-50.8	
	poorly-differentiated	13	-62	8	-38		10	-67	5	-33.3		8	-42	11	-57.9	
Size Categories (Cm)	0–3	21	-64	12	-36	0.056*	18	-72	7	-28		22	-67	11	-33.3	0.029*
	4–6	47	-63	28	-37		51	-85	9	-15	0.198	39	-53	34	-46.6	
	>6	13	-39	20	-61		16	-70	7	-30.4		10	-33	20	-66.7	
Tumor AJCC Stage	Stage 1	8	-80	2	-20	0.348 <sup>b</sup>	7	-100	0	0	<0.0001*	9	-90	1	-10	0.001*
	Stage 2	24	-60	16	-40		26	-93	2	-7.1		21	-55	17	-44.7	
	Stage 3	21	-60	14	-40		30	-94	2	-6.3		20	-59	14	-41.2	
	Stage 4	51	-57	38	-43		37	-53	33	-47.1		28	-33	56	-66.7	
Tumor TNM stage																
Primary tumor invasion (T)	T1	6	-86	1	-14	0.144	5	-100	0	0 (0)	0.323	5	-71	2	-28.6	0.041*
	T2	7	-70	3	-30		7	-88	1	-12.5		8	-80	2	-20	
	T3	38	-54	33	-47		47	-86	8	-14.5		37	-55	30	-44.8	
	T4	25	-71	10	-29		18	-72	7	-28		12	-35	22	-64.7	
Lymph node status	N0	41	-66	21	-34	0.054*	40	-89	5	-11	0.211	35	-60	23	-39.7	0.014*
	N1	30	-64	17	-36		31	-80	8	-20.5		24	-52	22	-47.8	
	N2	4	-31	9	-69		6	-67	3	-33.3		2	-15	11	-84.6	
Distant metastases	No (M0)	54	-64	30	-36	0.153	65	-96	3	-4.4	<0.0001*	49	-61	32	-39.5	0.003*
	Yes (M1)	27	-52	25	-48		19	-50	19	-50		17	-34	33	-66	

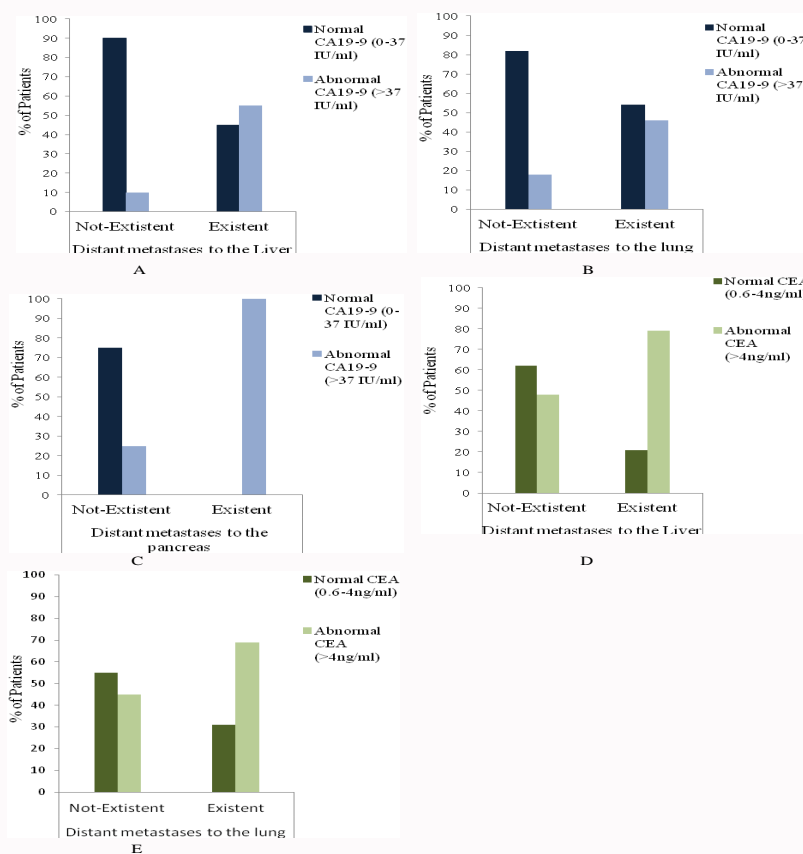
\* The Chi-square statistic is significant at the 0.05 level

<sup>b</sup> More than 20% of cells have expected cell counts less than 5 Fisher's Exact test is used

Moreover, among 174 analyzed patients, 91 (52.3%) had elevated CEA levels (≥ 4 ng/ml). Hemoglobin levels were abnormal in 54.6% (n=100) of CRC patients, and 41.5% (n=76) had KRAS mutations. Response to treatment was almost equally distributed, with 32% (n=49), 33.3% (n=51), and 34.7% (n=53) of patients treated for

CRC reporting stable, partial, and progressive disease, respectively (Supplemental Table 1).

Most tumors in our study were distributed on the left-sided colon (83%; n=152). The right-sided colon had 23 cases (12.6%), whereas



**Figure 1:** CA19-9 and CEA Serum level correlate with site of distant metastasis in CRC. CA19-9 serum level correlates with distant metastases to the (A) liver ( $p<0.0001$ ), (B) lung ( $p<0.0001$ ) and (C) pancreas ( $p=0.016$ ). Abnormal CEA serum level is high in CRC patients who have clinically detectable (D) liver metastases ( $p<0.0001$ ) and (E) lung metastases ( $p=0.007$ ).

the transverse colon had only 8 cases, constituting merely 4.4% of the overall CRC diagnoses in our study. Most tumors were found in the area extending from the sigmoid to the rectum, especially the sigmoid colon (28.4%;  $n=52$ ), followed by the rectosigmoid junction (21.9%;  $n=40$ ) and the rectum (20.2%;  $n=37$ ) (Supplemental Table 2).

**Associations among KRAS mutation, CA19-9 and CEA levels, and clinical parameters**

The associations among KRAS mutation, CA19-9 and CEA levels, and clinical parameters were investigated (Table 1). A strong association was identified among CA19-9 levels, KRAS mutation, and CEA levels, in which 62.2% of CRC patients with KRAS mutation revealed abnormally high CA19-9 levels ( $p=0.001$ ) and 86.5% of CRC patients abnormally high CEA levels also presented abnormally high CA19-9 levels ( $p<0.0001$ ). Large tumors, sized >6 cm, were associated with KRAS mutation ( $p=0.056$ ) and abnormal CEA levels ( $p=0.029$ ). Furthermore, patient age was associated with KRAS mutation, with 80.8% of young patients (<45 years) expressing wild-type KRAS and only 19.2% of young patients expressed mutated KRAS ( $p=0.013$ ). No significant associations were observed between KRAS mutation, or hemoglobin, CA19-9, and CEA levels and other demographic and clinical parameters (gender, nationality, tumor grade, tumor morphology, and primary tumor site).

**Abnormal levels of CA19-9 and CEA in CRC patients were associated with histopathological AJCC staging histopathological and TNM staging**

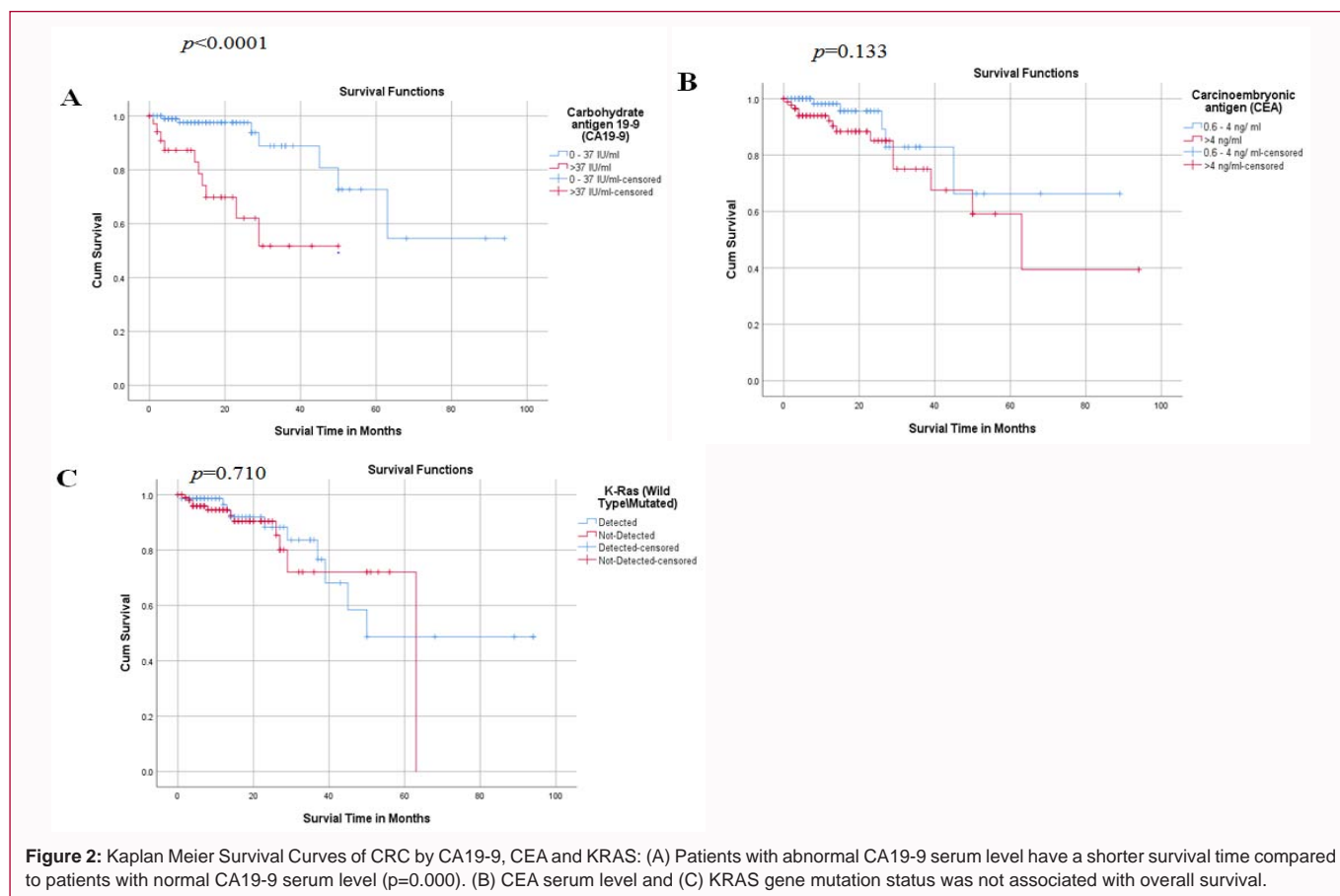
While KRAS mutation did not correlate with AJCC tumor stage,

levels of CA19-9 and CEA were found to increase with increasing tumor stage. Patients diagnosed with stage 1 tumors displayed normal CA19-9 levels ( $n=7$ , 100%), whereas abnormal CA19-9 levels were observed in 47.1% ( $n=33$ ) of patients with stage 4 tumors ( $p<0.0001$ ). Similarly, CEA levels increased abnormally in 66.7% ( $n=56$ ) of patients with stage 4 tumors, whereas 90% ( $n=9$ ) of patients with stage 1 tumors expressed normal CEA levels ( $p=0.001$ ). KRAS mutation and CA19-9 and CEA levels were assessed using the TNM staging system, which is used to determine disease severity based on the degrees of tumor invasiveness (T1, T2, T3, and T4), regional lymph node involvement (N0, N1, and N2), and distant metastasis (M0 and M1). A significant difference in CEA levels was observed among the T1, T2, T3, and T4 groups ( $p=0.041$ ). When samples in the N0, N1, and N2 groups were compared, mutated KRAS and abnormal levels of CEA were found to be associated with lymph node involvement ( $p=0.054$  and  $p=0.014$ , respectively). Furthermore, CRC patients with distance metastasis showed abnormally high levels of CA19-9 and CEA. Among CRC patients with distant metastasis, 50% ( $n=19$ ) presented with abnormal CA19-9 level ( $p<0.0001$ ), and 66% ( $n=33$ ) presented with abnormal CEA levels ( $p=0.003$ ). The site of distant metastasis was also evaluated (Supplemental Table 3). In CRC patients with abnormal CA19-9 levels, the most common sites of distant metastasis were the liver ( $p<0.0001$ ), lung ( $p<0.0001$ ), and pancreas ( $p=0.016$ , Figures 1A-1C). In addition, the liver and lung were the only two distant metastasis sites correlated with CRC patients with abnormal CEA levels ( $p<0.0001$  and  $p=0.007$ , respectively, Figure 1D and 1E). Distant metastases to all other sites were not significantly associated with KRAS mutation or CA19-9 and CEA levels.

**Table 2:** Logistic regression results, showing the ability of CA19-9 levels, CEA levels, metastasis, gender, tumor location, hemoglobin, and age to predict KRAS mutation.

Variable	B	SE	95.0% CI	$\chi^2$	p	OR
(Intercept)	-1.17	1.33	[-3.77, 1.44]	0.77	0.38	
CA19-9 (0–37 IU/ml)	-1.86	0.54	[-2.92, -0.79]	11.72	<0.001	0.16
CEA (>4 ng/ml)	-0.45	0.42	[-1.28, 0.38]	1.11	0.293	0.64
Metastasis (Yes)	-0.48	0.45	[-1.37, 0.40]	1.15	0.284	0.62
Gender (Female)	0.4	0.38	[-0.36, 1.15]	1.06	0.304	1.49
Location of Tumor (Left-Sided Colon)	1.14	0.63	[-0.08, 2.37]	3.34	0.067	3.14
Location of Tumor (Unspecified/ Overlapping)	1.64	1.19	[-0.70, 3.98]	1.89	0.169	5.17
HB (Normal)	-0.57	0.39	[-1.33, 0.20]	2.11	0.147	0.57
Age	0.03	0.02	[-0.00, 0.06]	3.08	0.079	1.03

Note:  $\chi^2(8)=19.32$ ,  $p=0.013$ , McFadden  $R^2=0.10$



**Association between CA19-9 serum levels and overall survival (OS) outcomes in CRC patients**

Associations among KRAS mutation, CA19-9 and CEA serum levels, and Overall Survival (OS) were evaluated by Kaplan-Meier plots. The Kaplan-Meier survival plot showed a strong correlation between CA19-9 levels and survival ( $p<0.0001$ , Figure 2A). The correlation indicated that patients with abnormal CA19-9 levels have shorter survival times than patients with normal CA19-9 levels. The median survival time for patients with abnormal CA19-9 levels was 664 days, whereas the median survival time for patients with normal CA19-9 levels was 1,706 days, more than twice as long. No associations were detected between OS and KRAS mutation or between OS and CEA serum levels (Figure 2B and 2C, respectively).

**Multivariate regression analysis, showing the significant effect of CEA19-9 levels for the detection of KRAS Mutation**

The model was evaluated based on an alpha of 0.05. The overall model was significant ( $\chi^2(8)=19.32$ ,  $p=0.013$ ), suggesting that CA19-9 and CEA levels, metastasis, gender, tumor location, hemoglobin, and age had significant effects on the odds of observing KRAS mutation (Table 2).

The regression coefficient for CA19-9 levels was significant [B= -1.86, odds ratio (OR)=0.16,  $p<0.001$ ], indicating that a respondent with CA19-9 levels between 0 IU/ml to 37 IU/ml would have an 84% reduced chance to detect KRAS mutation compared with a respondent with CA19-9 levels >37 IU/ml. The regression coefficient



for CEA levels was not significant ( $B = -0.45$ ,  $OR = 0.64$ ,  $p = 0.293$ ), indicating that CEA levels did not have a significant effect on the detection of *KRAS* mutation. The regression coefficient for metastasis was not significant ( $B = -0.48$ ,  $OR = 0.62$ ,  $p = 0.284$ ), indicating that the presence of metastasis did not have a significant effect on *KRAS* mutation detection. Similarly, gender, tumor location, hemoglobin, and age did not show any significant effects on the detection of *KRAS* mutation.

## Discussion

CRC initiation and progression are complex processes, involving several hallmark events that are well-known to be useful for determining disease prognosis. In this report, we attempted to systematically study well-known parameters that reflect the progression of CRC. We studied a cohort of 183 patients, from PNOc, and analyzed their CA19-9 and CEA levels and *KRAS* mutation status. Furthermore, these factors were analyzed to determine whether any significant associations existed among them, in addition to associations with tumor size, TNM stages, and distant metastases. We also studied the prognostic value of these three factors for predicting OS.

Abnormal levels of CA19-9 and CEA in Metastatic CRC (mCRC) have been reported in many studies, with varying proportions of patients showing elevated levels of CA19-9 and CEA [26,27]. However, our patient cohort exhibited a lower percentage of patients with abnormal CA19-9 levels than previous studies. CEA levels were high in slightly more than half of the patients in our cohort, which may be due to the low number of T4 patients in our cohort. Our comprehensive analysis of CEA and CA19-9 levels and *KRAS* mutation in CRC may be helpful for decision-making in mCRC patients. Earlier, a similar study examining these three markers suggested that high CEA and CA19-9 levels could act as predictors for the presence of *KRAS* mutation [28]. Our results further confirmed that abnormal CA19-9 levels were more likely to be observed in patients with mutated *KRAS*. Our observation of abnormally high CEA levels in patients with abnormal CA19-9 levels suggested that either of these two markers could be useful for analyzing *KRAS* status. Previously, *NRAS* mutation status has been associated with tumor size [29]. We report that the significant association between *KRAS* mutation and tumors >6 cm could also be indicative of advanced disease. In our study, tumors >6 cm showed abnormal levels of CEA. A high CEA level/tumor size ratio has been suggested to be a predictor of worse prognosis in CRC [30].

Abnormal CEA levels were observed in advanced tumor stages (T4, N2, M1) in our patient cohort but have not previously been demonstrated to be a significant factor [31]. Differences between our study and previous studies could be due to differences in the patient characteristics or ambiguity in the determination of TNM stages. In our cohort, pronounced differences were not visible in the T3 and N1 stages, in terms of abnormal CEA levels. However, CA19-9 and mutant *KRAS* were significantly different depending on lymph node status and the presence of distant metastases. The most significant difference was observed for abnormal CA19-9 levels in liver metastases. The liver is the most common metastases site associated with CRC and has been associated with elevated CA19-9 levels, in previous studies [32]. Although CA19-9 levels have been correlated with advanced pancreatic cancer, our study suggested that CA19-9 levels may also act as a significant indicator of pancreatic metastases. CA19-9 and CEA levels were significantly correlated with distant

metastases to the lung and liver [33]. These results further supported our observations of abnormal CEA and CA19-9 levels in liver and lung metastases.

The prognostic value of CA19-9 levels in our patient cohort suggesting that CA19-9 may represent a promising biomarker, which should be verified in a larger patient cohort, in a prospective manner. Previous studies have shown the reduced survival of patients with elevated levels of CA19-9 [34], which agrees with our results. However, our results did not identify CEA levels or *KRAS* mutations as significant survival predictors. Differences between our study and other studies could be due to differences in the patient characteristics and the non-homogenous distribution of patients, in terms of age, gender, and tumor stages.

CRC is considered a disease of the elderly. However, many young patients are increasingly diagnosed with CRC [4,6]. Our observation of the significantly increased incidence of *KRAS* mutation in patients 45 years and older confirms the results reported by a recent comprehensive study that involved a large dataset of 13,336 CRC tumors, which showed that increased age, gender, microsatellite instability status, and tumor location were associated with *KRAS* mutation. Specifically, the Q61K mutation was identified among older, female patients. However, this study did not analyze the mutations associated with survival patterns [35].

The current comprehensive analysis of three important biomarkers associated with CRC provided evidence regarding the potential use of CA19-9 levels in the studied population. These details are useful for advancing the concept of precision medicine [36].

## Take Home Messages

- CA19-9 may represent a strong prognostic biomarker.
- CEA and CA19-9 levels can be used to indicate *KRAS* mutation status and can be used as surrogate biomarkers.
- Abnormal CEA and CA19-9 levels are associated with advanced CRC.
- *KRAS* mutations are more prevalent among the older population.

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